



*Eddy* **HOUSE**

# Eddy House

- ▶ Mission: Eddy House works with homeless and at-risk youth to develop life and job skills necessary for sustainable independence
- ▶ Vision: End youth homelessness in Northern Nevada
- ▶ Target Population: 18-24 years old

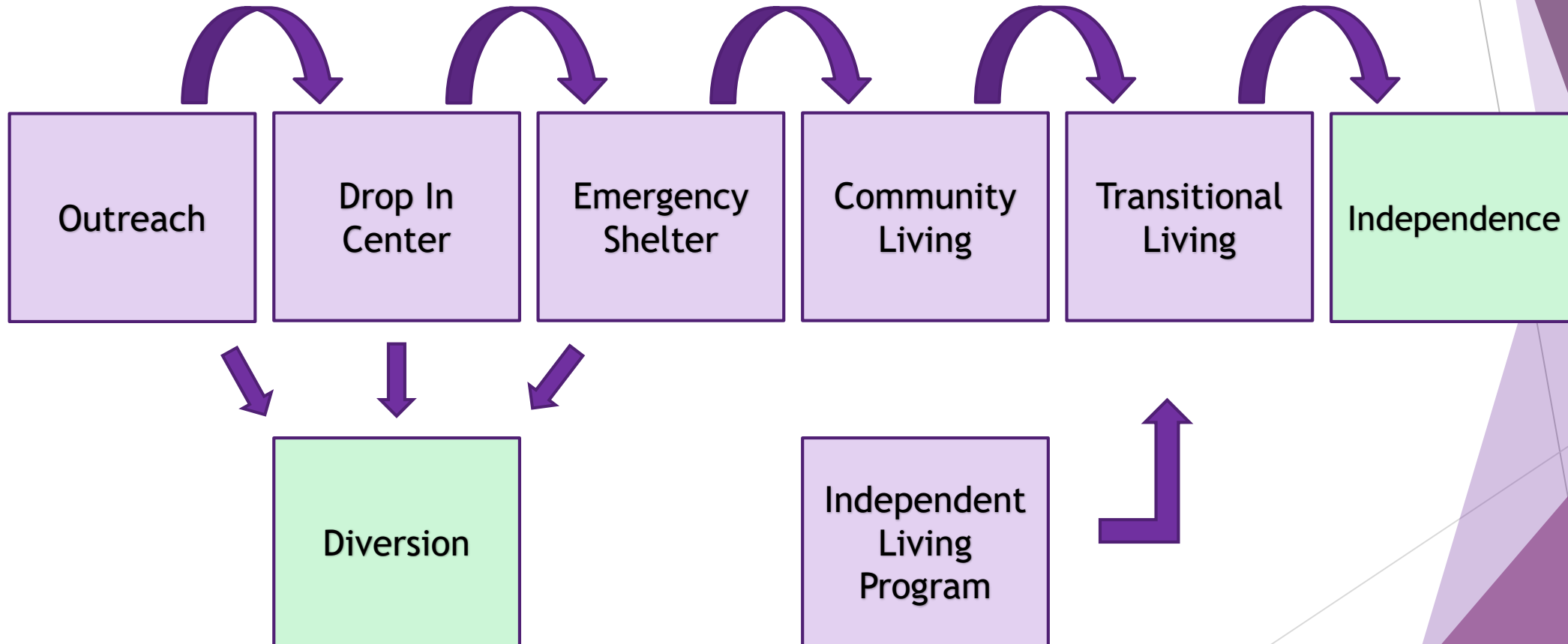
# Values

- ▶ **Collaboration**
  - ▶ Engage our community and clients
- ▶ **Dignity**
  - ▶ Treat everyone with equal respect, service, and opportunity
- ▶ **Grit**
  - ▶ Do what it takes to empower each client to thrive
- ▶ **Hope**
  - ▶ Today is an opportunity to improve upon yesterday
- ▶ **Kindness**
  - ▶ All Day, Every Day

# Timeline

- ▶ 2011: Lynette Eddy founded Eddy House
- ▶ 2015: Drop-In Center on 6<sup>th</sup> Street
- ▶ 2020: Emergency Shelter, Community Living, and Transitional Housing
- ▶ 2021: Street Outreach Program
- ▶ 2022: Research Based Programming, Diversion and Independent Living Home

# Programs and Services



# Outreach



# Outreach

- ▶ **Street Outreach**
  - ▶ Encampments, Motels, Apartments
    - ▶ Provide fruit, snacks, warm clothing, hand warmers, etc.
    - ▶ Information about Eddy House services
- ▶ **Partner Outreach**
  - ▶ Cares Campus, Justice System, partnering shelters
- ▶ **Community Awareness**
- ▶ **Diversion Efforts**

# Drop In Center





# Drop In Center

## ▶ Essential Services

▶ Showers

▶ Pantry Bags

▶ Mail Service

▶ Case Management

▶ Meals

▶ Clothing Closet

▶ Therapy

▶ Access to Programs

▶ Laundry Vouchers

▶ Medical Room

▶ Computer Lab

▶ Essential Supplies

# Emergency Shelter



# Emergency Shelter

- ▶ Overnight Shelter
  - ▶ Reserved Daily
  - ▶ No Sobriety Requirements
  - ▶ On call support
- ▶ Capacity
  - ▶ 27 Men
  - ▶ 4 Women
  - ▶ Additional Cots Available

# Community Living



# Community Living

- ▶ Capacity
  - ▶ 23 Men
  - ▶ 6 Women
- ▶ 6-month Program
  - ▶ Higher Expectations and Level of Commitment
  - ▶ Sober Living Environment
  - ▶ Case Management and Client Success Plan

# Community Living Holistic Program

## Career/Finance

- Employment
- Resume/Application
- GED
- Skill Training/Education Plan
- Bank Account
- Savings
- Credit
- Money Management/Budget
- Knowledge of Resources

## Housing/Transportation

- Reference/Cosigner
- Sample Rental Application
- Back-Up Plan
- Knowledge of Resources
- Mode of Transportation
- Driver's License
- Insurance

## Essential Documents

- Birth Certificate
- ID
- Social Security Card
- Identity Security

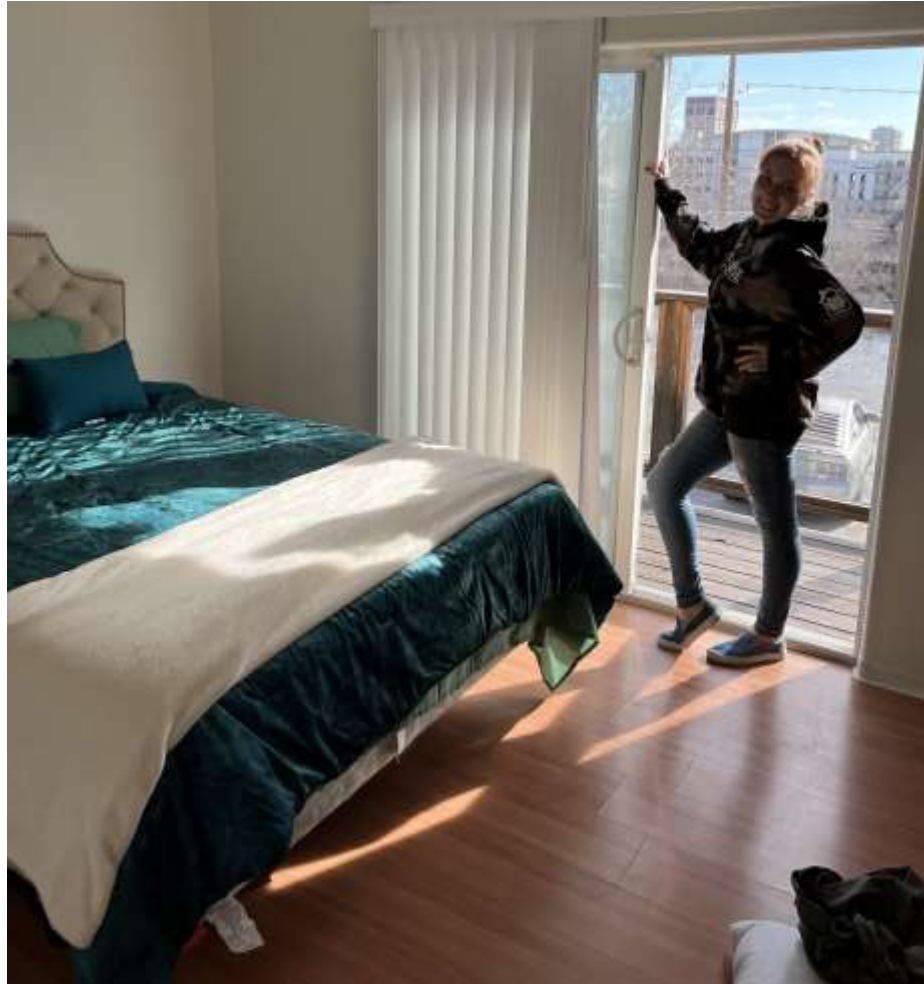
## Community

- Supportive Adults
- Bio Family
- Healthy and Stable Relationships
- Peer Circle
- Registered to Vote
- Spiritual Support/Church
- Heritage/Ethnicity

## Self-Care

- Insurance
- Primary/Mental Health/Dental Provider
- Prescriptions
- Navigating Legal Issues
- Personal Hygiene
- Cooking/Homelife
- Healthy Recreation and Self-Care
- Fitness/Nutrition
- Coping Skills

# Transitional Living



# Transitional Living

- ▶ Capacity for 10
  - ▶ 8 Men
  - ▶ 2 Women
- ▶ 2-Year Transitional Housing Program
  - ▶ Program Service Fee
  - ▶ Case Management Check-In
- ▶ Aftercare Follow Up



# Independent Living Home

- ▶ Homeless Prevention
  - ▶ Capacity for 6 residents
  - ▶ Aged Out Foster Youth
- ▶ Under 12 Months
- ▶ Programming takes place at Eddy House
- ▶ Program Specific Case Management

# 2021 Data

▶ 374 Unique Individuals Served

▶ 216 New

▶ When clients became homeless:

▶ Before 18: 44%

▶ 18-21: 48%

▶ 22+: 8%

▶ 48% of Clients attest their previous living situation was unsafe

▶ Where client slept the previous night:

▶ Couch Surfing: 31%

▶ Home: 23%

▶ Street: 31%

# 2021 Data

- ▶ Resources Given
  - ▶ 5,019 - Showers
  - ▶ 12,420 - Bed Nights
  - ▶ 11,104 - Meals
  - ▶ 1,223 - Buss Passes
  - ▶ 174 - Uber/Lyft
  - ▶ 1,511 - Clothing Closet Visits
- ▶ 35% of clients had been in Foster Care
- ▶ 64% of clients have their diploma or HSE

# 2021 Successes

- ▶ Emergency Shelter
  - ▶ 38% Entered Community Living Program or other housing
- ▶ Community Living
  - ▶ 45% successfully exited
  - ▶ Most clients were successful upon their second attempt
- ▶ Transitional Living
  - ▶ 70% moved to permanent housing
  - ▶ 30% were referred to other services

# 2022 Data Trends

- ▶ Community Living
  - ▶ 71% Successfully Exited
- ▶ Transitional Living
  - ▶ 100% Successfully Exited
- ▶ New Clients Served Since January 1: 61
- ▶ Total Clients Served Since January 1: 170

# Challenges of Homeless Youth

- ▶ 59% Abused, Neglected, or Assaulted as a child
- ▶ 55% Physically or Sexually Assaulted as an adult
- ▶ 10% Report being trafficked (reality 20%)
- ▶ 35% of clients had been in Foster Care
- ▶ 64% of clients have their diploma or HSE

# Substance Use

- ▶ 85% of clients use substances
- ▶ Of those who use substances
  - ▶ 95% use marijuana
  - ▶ 90% use alcohol
  - ▶ 20% use methamphetamine
  - ▶ 10% use opioids (by choice)
  - ▶ 5% use other substances (hallucinogens, inhalants, prescription abuse, etc.)
- ▶ The longer an individual is homeless, the increased likelihood of substance misuse

# Mental & Behavioral Health

- ▶ 40% of clients self-report a mental health disability
  - ▶ 75% is the estimate of our Therapist
- ▶ 8% of our clients receive Psychiatric Referrals
  - ▶ Half of whom will need Permanent Supportive Housing
- ▶ 10% of our clients receive medication referral
- ▶ Most all show signs of trauma



# How You Can Help

- ▶ Call us when you see homeless youth in the community!
  - ▶ 775-686-6244
- ▶ Volunteer
- ▶ Donate a Meal
- ▶ Host a fundraiser
- ▶ Join our Hope Team
- ▶ Come on a tour

BUS PASSES  
 OVERNIGHT SERVICES  
 COMPUTER LAB  
 TUTORING  
 SUPPORT  
 HYGIENE SUPPLIES  
 CHILL ZONE  
 MUSIC, ART, GAMES  
 LIFE SKILLS  
 TRANSITIONAL HOUSING  
 SHOWERS  
 CASE MANAGEMENT

BIRTH CERTIFICATES  
 GYM  
 EDUCATION ASSISTANCE  
 NEVADA ID  
 MAIL  
 HOT MEALS  
 DENTAL ASSISTANCE  
 BEDS  
 TO-GO BAGS

FOOD STAMPS  
 NUTRITION CLASSES  
 MENTORS  
 WORKFORCE DEVELOPMENT  
 LAUNDRY SERVICES  
 SAFE PLACE  
 RESUME CLASSES  
 BATHROOMS  
 CLOTHING  
 GROUPS  
 COUNSELING  
 INSURANCE/MEDICAID  
 MEDICAL ASSISTANCE



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